

LODEN VISION CENTERS



James C. Loden, MD / Daryl D. Kaswinkel, MD

PRE-OPERATIVE INSTRUCTIONS LASIK/PRK

PATIENT NAME _____

DATE OF SURGERY _____

CHECK-IN TIME _____

COST OF SURGERY _____

On the evening prior to surgery please cleanse the eyebrow, lids and lashes with a warm wash cloth with a small amount of soap; rinse thoroughly. Perform the cleansing again on the morning of surgery.

Wash your hair the evening prior to surgery. Do not wash the hair on the morning of surgery as many shampoos contain fragrances that can interfere with the laser beam as the fragrances evaporate. Please do not bathe with any soap that contains perfumes. It is okay to wash your hair if the shampoo is fragrance free.

Please throw away your mascara. Purchase a new tube to use after your surgery. No mascara is to be used until instructed by Loden Vision Centers.

Please be sure to bring your completed consent form with you to surgery. If you have lost or misplaced your consent, please call the office for another copy, or let us know upon checking in.

MORNING OF SURGERY

1. Thoroughly cleanse brows, lids, lashes and rinse.
2. You may have something to eat or drink up to one hour prior to surgery.
3. Dress in something loose fitting and warm.
4. Avoid all lotions, powders, perfumes, make-up, cologne, hairspray, and hair gel. Fragrances may interfere with the laser beam.
5. You will need a driver with you. You will be at the surgery center for 2 – 2 ½ hours.
6. You will be given your one-day post-op and one-week post-op appointments upon arriving for surgery.
7. You will receive a complete post-op kit with instructions following surgery.
8. If you are currently taking an anti-histamine, do not use the anti-histamine the night before or the day of surgery, as anti-histamines can precipitate dry eye.
9. If you have any questions please contact us at (615) 859-3937.